WOMEN'S INCENTIVE BADGE : BENCH PRESS													
DIV	**YELLOW**	**ORANGE**	**GREEN**	**BLUE**	**BROWN**	**BLACK**	**BRONZE**	**SILVER**	**GOLD**	**ELITE 1**	**ELITE 2**	**ELITE 3**	**ELITE 4**
43	30	32.5	35	40	45	50	55	60	62.5	67.5	72.5	80	85
47	35	37.5	42.5	45	50	55	60	65	70	75	80	85	90
52	37.5	42.5	47.5	50	55	60	65	70	75	80	87.5	92.5	97.5
57	40	45	50	55	62.5	67.5	72.5	77.5	82.5	87.5	95	100	105
63	45	50	55	60	67.5	72.5	77.5	82.5	90	95	102.5	107.5	115
69	47.5	52.5	57.5	65	72.5	77.5	82.5	87.5	95	102.5	110	115	122.5
76	52.5	57.5	62.5	70	77.5	82.5	87.5	92.5	102.5	110	117.5	122.5	130
84	57.5	62.5	70	75	82.5	90	97.5	105	112.5	120	125	132.5	140
84+	60	65	72.5	80	87.5	95	102.5	112.5	120	127.5	135	142.5	150

WOMENS QUALIFYING STANDARDS BENCH PRESS EQUIPPED	Incentive achieve to qualify for EC Team	Incentive to qualify for medal	Incentive to qualify for SA Team
SUB JUNIOR	YELLOW	GREEN	BROWN
JUNIOR	ORANGE	BLUE	BRONZE
OPEN	BLUE	BROWN	GOLD
MASTER 1	ORANGE	GREEN	BLACK
MASTER 2	YELLOW	ORANGE	BROWN
MASTER 3	NA	YELLOW	BLUE
MASTER 4	NA	YELLOW	GREEN

Name	Div	Total	Incentive done	Incentive achieve to qualify for EC Team	Incentive to qualify for medal	Incentive to qualify for SA Team	SA TEAM
LADIES							
SUB JUNIOR				**YELLOW**	**GREEN**	**BROWN**	
JUNIOR				**ORANGE**	**BLUE**	**BRONZE**	
SENIOR				**BLUE**	**BROWN**	**GOLD**	
MASTER 1				**ORANGE**	**GREEN**	**BLACK**	

MEN'S INCENTIVE BADGE : BENCH PRESS													
DIV	YELLOW	ORANGE	GREEN	BLUE	BROWN	BLACK	BRONZE	SILVER	GOLD	ELITE 1	ELITE 2	ELITE 3	ELITE 4
53	60	67.5	75	80	87.5	92.5	100	105	112.5	117.5	125	130	137.5
59	67.5	75	82.5	87.5	95	102.5	110	115	122.5	130	137.5	145	150
66	72.5	80	87.5	95	105	112.5	120	127.5	137.5	142.5	150	157.5	165
74	82.5	90	97.5	107.5	117.5	125	135	142.5	150	160	170	180	187.5
83	90	100	110	120	130	137.5	147.5	157.5	167.5	177.5	187.5	195	205
93	97.5	107.5	117.5	127.5	137.5	147.5	160	167.5	177.5	187.5	197.5	207.5	217.5
105	105	115	125	135	147.5	157.5	170	180	190	200	210	220	230
120	110	117.5	130	140	152.5	165	175	187.5	197.5	210	220	232.5	242.5
120+	112.5	120	132.5	145	157.5	170	180	192.5	202.5	212.5	225	237.5	247.5

MENS QUALIFYING STANDARDS BENCH PRESS EQUIPPED	Incentive achieve to qualify for EC Team	Incentive to qualify for medal	Incentive to qualify for SA Team
SUB JUNIOR	YELLOW	GREEN	BROWN
JUNIOR	ORANGE	BLUE	SILVER
OPEN	BLACK	BRONZE	ELITE 1
MASTER 1	GREEN	BLUE	BRONZE
MASTER 2	ORANGE	GREEN	BLACK
MASTER 3	ORANGE	GREEN	BROWN
MASTER 4	YELLOW	ORANGE	BLUE

Name	Div	Total	Incentive done	Incentive achieve to qualify for EC	Incentive to qualify for medal	Incentive to qualify for SA	SA TEAM
SUB JUNIOR				**YELLOW**	**GREEN**	**BROWN**	
JUNIOR				**ORANGE**	**BLUE**	**SILVER**	
OPEN				**BLACK**	**BRONZE**	**ELITE 1**	
MASTER 1				**GREEN**	**BLUE**	**BRONZE**	
MASTER 2				**ORANGE**	**GREEN**	**BLACK**	
Tommie De Nysschen	83	157.5	Silver	100	110	137.5	**Yes**
Johnny Dam	105	190.5	Gold	115	125	157.5	**Yes**
Gys Smith	120+	190	Bronze	120	132.5	170	**Yes**
MASTER 3				**ORANGE**	**GREEN**	**BROWN**	